

UPMC Western Maryland

August 3rd – August 9th, 2025

	Sunday 8/03	Monday 8/04	Tuesday 8/05	Wednesday 8/06	Thursday 8/07	Friday 8/08	Saturday 8/09
Breakfast Grill	Omelet Bar Oatmeal Creamed Chipped Beef Egg and Cheese Muffin Belgian Waffle Breakfast Potatoes	Omelet Bar Oatmeal Creamed Chipped Beef Egg and Cheese Muffin Western Scrambled Eggs Sausage, Egg & Cheese Croissant Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Stuffed French Toast Tater Tots	Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Breakfast Pizza Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Quesadilla Tater Tots	Omelet Bar Oatmeal Creamed Chipped Beef Egg & Cheese Muffin French Toast Breakfast Potatoes	Omelet Bar Oatmeal Sausage Gravy Egg & Cheese Muffin Bacon, Egg & Cheese Croissant Tater Tots
Breakfast Special	Bacon, Egg & Cheese Griddle All American Breakfast	Bacon, Egg & Cheese Griddle All American Breakfast	Bacon, Egg & Cheese Griddle All American Breakfast	Bacon, Egg & Cheese Griddle All American Breakfast	Bacon, Egg & Cheese Griddle All American Breakfast	Bacon, Egg & Cheese Griddle All American Breakfast	Bacon, Egg & Cheese Griddle All American Breakfast
Fruit and Yogurt Breakfast Bar (Self-Serve)	NA	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	NA

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Pizza Area	Pepperoni Cheese	Pepperoni Cheese Buffalo Chicken Ham & Cheese Calzone Soft Pretzel	Sub Day	Pepperoni Cheese Buffalo Chicken Ham & Cheese Calzone Soft Pretzel	Berry Blast Salad with Breadstick	Pepperoni Cheese Buffalo Chicken Ham & Cheese Calzone Soft Pretzel	Pepperoni Cheese
Soups	Tomato Chicken Noodle	Baked Lasagna Chicken Noodle	Stuffed Pepper Chicken Noodle	Chicken Tortilla Chicken Noodle	Italian Wedding Chicken Noodle	New England Clam Chowder Chicken Noodle	Beef Barley Chicken Noodle
Grill Specials	Hot Dog Chili Dog Sloppy Joe	Beef Brisket Sandwich Philly Cheesesteak Hoagie Philly Steak Salad Pittsburg Steak Salad	Beef Brisket Sandwich Hot Dog Chili Dog Sloppy Joe	Beef Brisket Sandwich	Beef Brisket Sandwich Hot Dog Chili Dog Sloppy Joe	Beef Brisket Sandwich Chicken Philly Steak Sandwich or Salad Pittsburg Chicken Steak Salad	Hot Dog Chili Dog Sloppy Joe
Home Zone Entree	Pesto Crusted Chicken Caprese Grilled Cheese	General Tso's Chicken Vegetable Lo Mein	Taco Salad Black Bean Taco Salad	Italian Sausage w/ Peppers & Onions Sandwich Mushroom Stroganoff	BBQ Chicken Salad Vegetarian BBQ Chicken Salad	Crispy Shrimp Tacos Black Bean Burger w/ Avocado	Pulled BBQ Chicken Sandwich 3 Cheese Quesadilla
Home Zone Sides	California Blend Vegetables Herb Roasted Red Skinned Potatoes	White Rice Steamed Broccoli Sugar Snap Peas Veggie Egg Roll Sweet Potato	Arroz Rojo (Rice) Seasoned Corn Black Beans Baked Potato	Waffle Fries Roasted Cauliflower Sweet Potato	California Blend Red Skinned Potatoes Breadstick Baked Potato	Spicy Rice Steamed Broccoli Sweet Potato	Key West Vegetables Dinner Roll Parmesan Potato Wedges
Salad Bar	NA	Open 11-2	Open 11-2	Open 11-2	Open 11-2	Open 11-2	NA
Evening Grill Special 4p-8p	Shrimp Po Boy Coleslaw Steamed Broccoli	Buffalo Wings Celery & Carrots Snap Peas	Walking Taco Black Bean Walking Taco Corn	Pulled Pork Nachos Mac & Cheese Broccoli	Meatloaf Mashed Potatoes Green Beans	Fish & Chips Coleslaw	Key Lime Chicken Tacos Mexican Rice