

UPMC Western Maryland

September 21st – September 27th, 2025

	Sunday 9/21	Monday 9/22	Tuesday 9/23	Wednesday 9/24	Thursday 9/25	Friday 9/26	Saturday 9/27
Breakfast Grill	Omelet Bar Oatmeal Creamed Chipped Beef Egg and Cheese Muffin Chicken & Waffle Breakfast Potatoes	Omelet Bar Oatmeal Creamed Chipped Beef Egg and Cheese Muffin Western Egg Bake Breakfast Wrap Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Bowl Tater Tots	Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Breakfast Pizza Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Burrito Tater Tots	Omelet Bar Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Chocolate Chip Pancakes Breakfast Potatoes	Omelet Bar Oatmeal Sausage Gravy Egg & Cheese Muffin Southwest Breakfast Bowl Tater Tots
Breakfast Special	Monkey Bread All American Breakfast	Monkey Bread All American Breakfast	Monkey Bread All American Breakfast	Monkey Bread All American Breakfast	Monkey Bread All American Breakfast	Monkey Bread All American Breakfast	Monkey Bread All American Breakfast
Fruit and Yogurt Breakfast Bar (Self-Serve)	NA	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	NA

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Pizza Area	Pepperoni Cheese	Pepperoni Cheese Meat Lovers Spinach & Ricotta Calzone Soft Pretzel	Wrap Day	Pepperoni Cheese Meat Lovers Spinach & Ricotta Calzone Warm Cookies	Chicken Harvest Salad with Breadstick	Shrimp Po Boy	Pepperoni Cheese Meat Lovers
Soups	Tomato Chicken Noodle	Tomato Chili Con Carne	Chicken Pot Pie Chili Con Carne	Italian Wedding Chili Con Carne	Beef Noodle Chili Con Carne	Chicken & Dumpling Chili Con Carne	Beef Barley Chicken Noodle
Grill Specials	Chicken Ranchero Wrap Hot Dog Chili Dog Sloopy Joe	Chicken Ranchero Wrap Philly Cheesesteak Hoagie Philly Steak Salad Pittsburg Steak Salad	Chicken Ranchero Wrap Hot Dog Chili Dog Sloppy Joe	Chicken Ranchero Wrap	Cry Baby Chicken Sandwich Hot Dog Chili Dog Sloppy Joe	Cry Baby Chicken Sandwich Chicken Philly Steak Sandwich or Salad Pittsburg Chicken Steak Salad	Cry Baby Chicken Sandwich Hot Dog Chili Dog Sloppy Joe
Home Zone Entree	Chicken Alfredo Pasta Bowtie Alfredo with Broccoli	Chicken & White Bean Enchilada Vegan Cacciatore	Beef Pot Roast Pierogies with Caramelized Onions	Chicken Parmesan over Spaghetti Baked Cheesy Tortellini	Roasted Turkey Sweet Potato Quesadilla	Cajun Lemon Chicken Macaroni & Cheese	Beef Lasagna Vegetarian Walking Tacos
Home Zone Sides	Broccoli Breadstick	Spanish Rice Seasoned Corn Sweet Potato	Roasted Carrots Mashed Potatoes Baked Potato	Broccoli Spaghetti & Marinara Breadstick Sweet Potato	Corn Stuffing Baked Potato	Spicy Rice Garlic Roasted Broccoli Sweet Potato	Key West Blend Vegetables Dinner Roll
Salad Bar	NA	Open 11-2	Open 11-2	Open 11-2	Open 11-2	Open 11-2	NA
Evening Grill Special 4p-8p	Toasted Subs Broccoli Chicken Ranchero Wrap	Country Fried Steak Mashed Potatoes Montreal Green Beans Chicken Ranchero Wrap	Chipped Beef over Biscuits Breakfast BLT Chicken Ranchero Wrap	Turkey & Ham Wedgies Chicken Ranchero Wrap	Spaghetti & Meatballs Breadstick Corn Cry Baby Chicken Sandwich	Grilled Reuben Coleslaw Cry Baby Chicken Sandwich	Buffalo Chicken Wrap Key West Veggies Cry Baby Chicken Sandwich