

UPMC Western Maryland

January 19th – January 25th, 2025

Breakfast Served 4:30a-10a	Sunday 1/19	Monday 1/20	Tuesday 1/21	Wednesday 1/22	Thursday 1/23	Friday 1/24	Saturday 1/25
Breakfast Grill	Omelet Bar Oatmeal Creamed Chipped Beef Egg and Cheese Muffin Chicken & Waffle Breakfast Potatoes	Omelet Bar Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Western Scrambled Eggs Breakfast Wrap Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Bowl Tater Tots	Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Breakfast Pizza Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Burrito Tater Tots	Omelet Bar Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Chocolate Chip Pancake Breakfast Potatoes	Omelet Bar Oatmeal Sausage Gravy Egg & Cheese Muffin Southwest Breakfast Bowl Tater Tots
Breakfast Special	Apple Bread Pudding All American Breakfast	Banana Bread Pudding All American Breakfast	Apple Bread Pudding All American Breakfast	Banana Bread Pudding All American Breakfast	Apple Bread Pudding All American Breakfast	Banana Bread Pudding All American Breakfast	Apple Bread Pudding All American Breakfast
Fruit and Yogurt Breakfast Bar (Self-Serve)	NA	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	NA

Lunch begins at 11 am	Sunday 1/19	Monday 1/20	Tuesday 1/21	Wednesday 1/22	Thursday 1/23	Friday 1/24	Saturday 1/25
Pizza Area	Pepperoni Cheese	Pepperoni Cheese	Wrap Day	Pepperoni Cheese Gyro Buffalo Chicken Calzone Warm Cookies	Harvest Chicken Salad with Breadsticks	Pepperoni Cheese Margherita Italian Calzone Soft Pretzel	Pepperoni Cheese
Soups	Tomato Chef's Choice	Chicken Noodle	Chicken Gumbo Stuffed Pepper Broccoli Cheddar	Loaded Baked Potato Cream of Tomato 3 Bean Veggie Chili	Italian Wedding Baked Lasagna Spinach & Artichoke	Chicken Tortilla Sausage, Kale & White Bean Garden Vegetable	Beef Barley Chef's Choice
Grill Specials	Margherita Flatbread		Hawaiian Chicken Sandwich Hot Dog Chili Dog Sloppy Joe	Blackened Tilapia Sandwich Jalapeno Chicken Quesadilla	Chicken Pesto Panini on Italian Hot Dog Chili Dog Sloppy Joe	Reuben Sandwich Chicken Philly Steak Sandwich Chicken Philly Steak Salad Pittsburg Chicken Salad	Grilled Cuban Panini Hot Dog Chili Dog Sloppy Joe
Home Zone Entree	BBQ Beef & Slaw Sandwich Macaroni & Cheese	Chicken Parmesan over Spaghetti Vegan Chicken Parmesan	Pork Loin Black Bean Cake with Chipotle Mayo	General Tso Vegetable Fried Rice	Beef Stroganoff Mushroom Stroganoff	Cajun Shrimp with Andouille Macaroni & Cheese	Chicken & Dressing Casserole Vegetarian Chicken Nuggets
Home Zone Sides	BBQ Baked Beans Collard Greens	Spaghetti Grilled Zucchini Green Beans Breadstick	Mashed Potatoes Corn Sauerkraut	Fried Rice Broccoli Eggroll	Buttered Noodles Carrots Capri Blend Vegetables Breadstick	Red Beans & Rice Collard Greens Stewed Tomatoes	Red Skinned Potatoes Peas & Carrots
Salad Bar	N/A	Open 11-2	Open 11-2	Open 11-2	Open 11-2	Open 11-2	N/A
Evening Grill Special 4p-8p	Turkey Bistro Sandwich	BBQ Rib Mashed Potatoes Corn	Chipped Beef Breakfast BLT	Spicy Buffalo Wrap	Chicken, Tomato & Spinach Flatbread	Tortilla Burger	Patty Melt