

UPMC Western Maryland

July 13th – July 19th, 2025

Breakfast Served 4:30a-10a	Sunday 7/13	Monday 7/14	Tuesday 7/15	Wednesday 7/16	Thursday 7/17	Friday 7/18	Saturday 7/19
Breakfast Grill	Omelet Bar Oatmeal Creamed Chipped Beef Egg and Cheese Muffin Chicken & Waffle Breakfast Potatoes	Omelet Bar Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Western Egg Bake Breakfast Wrap Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Bowl Tater Tots	Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Breakfast Pizza Breakfast Potatoes	Oatmeal Sausage Gravy Egg & Cheese Muffin Breakfast Burrito Tater Tots	Omelet Bar Oatmeal Creamed Chipped Beef Egg & Cheese Muffin Chocolate Chip Pancake Breakfast Potatoes	Omelet Bar Oatmeal Sausage Gravy Egg & Cheese Muffin Southwest Breakfast Bowl Tater Tots
Breakfast Special	Stuffed French Toast All American Breakfast	Stuffed French Toast All American Breakfast	Stuffed French Toast All American Breakfast	Stuffed French Toast All American Breakfast	Stuffed French Toast All American Breakfast	Stuffed French Toast All American Breakfast	Stuffed French Toast All American Breakfast
Fruit and Yogurt Breakfast Bar (Self-Serve)	NA	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	Open 6a-10a	NA

Lunch begins at 11 am	Sunday 7/13	Monday 7/14	Tuesday 7/15	Wednesday 7/16	Thursday 7/17	Friday 7/18	Saturday 7/19
Pizza Area	Pepperoni Cheese	Pepperoni Cheese Meat Lovers Chicken, Bacon & Ranch Stromboli Soft Pretzels	Wrap Day	Pepperoni Cheese Meat Lovers Chicken Bacon Ranch Stromboli Warm Cookies	Beef Fajita Salad with Breadstick	Cream of Crab Soup with Cheesy Garlic Baguette Chicken Bacon Ranch Stromboli Soft Pretzels	Pepperoni Cheese
Soups	Tomato Chicken Noodle	Tomato Bisque Chili Con Carne	Beef Noodle Chili Con Carne	Cheddar Cauliflower Chili Con Carne	Italian Wedding Chili Con Carne	Minestrone Chili Con Carne	Beef Barley Chicken Noodle
Grill Specials	Hot Dog Chili Dog Sloppy Joe	Margherita Quesadilla Philly Cheesesteak Sandwich Philly Steak Salad Pittsburg Steak Salad	Birria Beef Tacos Hot Dog Chili Dog Sloppy Joe	Margherita Quesadilla	Margherita Quesadilla Hot Dog Chili Dog Sloppy Joe	Margherita Quesadilla Chicken Philly Steak Sandwich Chicken Philly Steak Salad Pittsburg Chicken Salad	Hot Dog Chili Dog Sloppy Joe
Home Zone Entree	Stuffed Chicken Eggplant Parmesan Sandwich	Maple BBQ Grilled Chicken Meatless Fajitas	Meatball Hoagie Stuffed Shells	Chicken Parmesan	Stuffed Chicken Breast Bahn Mi Chick Pea Burger	Whale of a Fish Sandwich Macaroni & Cheese	Beef Stroganoff Vegetarian Chipotle Chicken Wrap
Home Zone Sides	Mashed Potatoes Garlic Roasted Green Beans	Hashbrown Casserole Key West Blend Sweet Potato	Red Skinned Potatoes Roasted Zucchini & Squash Baked Potato	Spaghetti Sugar Snap Peas Breadstick Sweet Potato	Mashed Potatoes Vegetable Medley Baked Potatoes	French Fries Coleslaw Sweet Potato	Broccoli Garlic Parm Dinner Roll
Salad Bar	N/A	Open 11-2	Open 11-2	Open 11-2	Open 11-2	Open 11-2	N/A
Evening Grill Special 4p-8p	Toasted Subs Broccoli	BBQ Ribs Mashed Potatoes Corn	Chipped Beef Breakfast BLT Scrambled Eggs	Ham & Turkey Wedgies Snap Peas	Spaghetti with Meatballs Breadstick Corn	Turkey Reuben Coleslaw	Patty Melt Broccoli