

*Are you dreading the thought of preparing dinner after a long days work?*

Do you have a party that your husband just reminded you about and forgot to plan something?

Let our Food and Nutrition Department assist you with your needs. We cook it, you pick it up an go.

It's only a phone call away.

The Food and Nutrition Department has a wide selection of your favorites available to choose from.

There are even platters available for smaller get togethers.

**Please note that prices DO NOT include Sales Tax and Employee Discounts are NOT Applicable.**



*Is there something you have seen at one of our Catering Functions. Feel free to give us a call and we can see what we can do.*

**Contact us at X42303** to see if we can accommodate your needs.

Thank you for allowing the Western Maryland Regional Medical Center Food and Nutrition Department the privilege of fulfilling your culinary needs.

Mary Jo Layton, Catering & Office Manager  
WMRMC  
12500 Willowbrook Rd,  
Cumberland, Md 21502

Phone: 240-964-2305  
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**TO GO...**



The Western Maryland Regional Medical Center Food & Nutrition Department is happy to assist its employees with their Personal Catering needs.

One can arrange to pickup Food Trays, Baked Goods and Dinner on the way home from work or for department pot luck parties.



WMHS

WMHS

Tel: 240-964-2303  
or 240-964-2305

## Placing an Order

**To place an order call extension 42303.**

Orders must be placed not later than 2pm and at least 2 hours in advance for same day pickup. *(Note: some items require a specific timeframe and are noted accordingly on the menu.)* On weekends call extension 42319 or 42300 and ask to speak with a supervisor.

**ALL fresh baked goods require a 48 hour notice and our *Baker is only on site Monday- Friday.*** Please keep this in mind while ordering.

All *Salads are prepared in the mornings prior to 10am*, another thing to keep in mind.

Orders can be picked up and paid for using either CASH, VISA or MasterCard in the Cafeteria

For **TO GO** orders, please contact:

Vicky Metty: 240-964-2303

Mary Jo Layton : 240-964-2305



### Take Home Meals Sales Tax will be added at the Register

Soup: 1 Quart with 6 Rolls \$4.99 (does not include Crab Soup)

**Pizza, Baked or Unbaked, must have 4 hour notice**

Cheese—1/6th sl 500 Cal \$9.99

Pepperoni—1/6th sl 560 Cal \$9.99

Gourmet—1/6th sl 420-730 Cal \$9.99

#### Casseroles and Sides,

Baked Beans (serves 20-25)—230 Cal per 4oz serving \$10.25

Baked Beans with Franks (serves 20-25)—\$10.99

Macaroni and Cheese (serves 12) —

260 Cal per 4oz serving \$10.00

Chicken Tenders (12 each) with condiments —

430 Cal\3 strips \$10.50

Meat Lasagna (serves 12)—290 Cal per serving \$15.00

Vegetarian Lasagna (serves 12)—

290 Cal per serving \$15.00

Tossed Salad—10 Cal per serving \$1.00 per person

Breadsticks or Garlic Bread (12 servings)—

180 Cal per serving \$5.00

#### Salads,

Potato Salad 160 Cal per 4oz Serving \$2.49 per pound

Macaroni Salad 180 Cal, per serving \$2.49 per pound

Cole Slaw 310 Cal per 4oz Serving \$2.49 per pound

Pasta Salad 140 Cal per 4oz Serving \$2.49 per pound

Broccoli Salad 270 Cal per 4oz Serving \$2.49 per pound

Ham Salad 140 Cal per 4oz Serving \$4.50 per pound

Chicken Salad or Seafood Salad

120- 200 Cal per 4oz Serving \$5.75 per pound

#### Wraps

Choose from Italian, Buffalo Chick or Turkey Ranch

(Whole: 160-540 Cal \$3.59, 1/2 wraps 80-270 Cal \$1.79)

#### Sara Lee Cakes,

9" Round Cakes (serves 12-14)—Carrot, Double Chocolate, Coconut, Lemon

1/12th sl 270-310 \$10.35

#### Decorated Sheet Cakes (48 hour Notice )

Full—\$50.00 (M&M)

Half—\$34.99 (M&M)

#### Pies

Apple, Pumpkin—1/8th sl 388-425 Cal \$7.49

Cherry, Pecan, Cream Pies—1/8th Sl 410-480 Cal \$8.99



#### Lg Meat and Cheese Platter (6lb Platter serves 20)

1.5lbs each Meat: Turkey, Ham Roast Beef; .5 lb each Cheese: Pepper Cheese, American & Swiss; garnished with Pickle Chips and served with 20 Rolls. **\$34.99**

**Sm Meat & cheese Platters—(3lb Platter serves 10) \$17.99**

#### Lg Veggies & Dip (5lb Platter serves 20-25)

Assortment of Cucumbers, Broccoli, Cauliflower, Carrots, Cherry Tomatoes and 1 lb of Ranch Dip **150 Cal Per serving \$29.99**

**Sm Veggies & Dip (3lb Platter serves 10-12) 150 Cal Per serving \$15.99**



#### Lg Fresh Fruit Tray (8lb Platter serves 25-30)

Assortment of Fresh Fruits such as Pineapple, Grapes, Cantaloup, Honeydew and Strawberries with Yogurt Dip (Fruit assortment based on quality and availability)

**110 Cal Per Serving \$34.99**

**Sm Fresh Fruit Tray (4lb Platter serves 12-15)**

**110 Cal Per Serving \$17.99**

#### Lg Antipasto Platter (6lb Platter serves 20)

1 lb each Meat: Capicola Ham, Pepperoni, Hard Salami, .5lb each cheese: Pepper Cheese, Provolone Cheese, .5lbs Assorted Olives, .5lb each Banana Pepper Rings and Pepperoncini

**190 Cal Per serving \$38.99**

**Sm Antipasto Platter (3lb Platter serves 10)**

**190 Cal Per serving \$19.99**

#### Lg Cheese Platter (6lb platter-serves 24)

Cheddar, Swiss, Provolone and Hot Pepper Cheeses served with Honey Mustard Dip and Crackers

**340 Cal Per serving \$34.99**

**Sm Cheese Platter (3lb platter-serves 12)**

**340 Cal Per serving \$17.99**

**NEW Crave Worthy Cookie trays-260-290 Cal Ea \$8.40 per dozen**

**Brownies or Brownies with Peanut Butter Frosting 190-230 Cal Ea**

**\$6.59 per dozen**



## 24 Hour Notice Needed